

To the Parents of Students  
of grades 5 to 10

O/ref.: JYG/mr

Lausanne, September 24<sup>th</sup> 2024

## CROSS ENSR

Madam, Sir  
Dear Parents,

In order to end the endurance cycle of this school start, we organize for all of Middle School classes and High school classes 9 and 10 the ENSR Cross-country race, which will take place around the Rovereaz woods on:

**Wednesday October 2<sup>nd</sup> 2024 from 8:30 to 12:30**

For Middle School Students:

That morning, the two first periods of class will be maintained; departure time for the race is at 10:00 am.

For High School Students:

The departure time for the race is set at 8:30 am; last periods in class are maintained (students from grade 10 who would have sports, will be under the supervision of teachers in the classroom).

The races will be set depending on categories taking into account age and gender; medals will be given to the three best runners of each category.

**This cross-country race is compulsory and will take place regardless the weather conditions**, students with a medical certificate will be asked to help out. Therefore, students will need to dress according to the weather (rain, cold, sun etc.) are bring clothes to change if necessary.

We will provide snacks and beverages where the race takes place.

After the race, the return is set early enough to ensure that students can take a shower and get changed in the changing room of the Sports building.

For any questions, Mr. Gsell remains at your disposal (078 635 57 09).

We hope that this morning will take place in a good sporting spirit, with commitment and pleasure.

Kind regards,

Le Secteur Sport