

Extracurricular activities 2022 / 2023 – Activities description

Activités créatrices manuelles / Manual Creations :

Creativity development through idea preparation for actual production of mini creations with the mixed use of various materials and techniques.

Afternoon session : Introduction to pottery

Activités créatrices textiles / Creative textiles :

Discover the different textile materials and the sewing machine to create simple accessories and clothes. Course is open to girls AND boys.

Aérogym / Aerogym :

Work the muscles of the body smoothly and rhythmically through movements adapted and designed for the abilities of young children. The exercises vary and are done with music of the latest hits. The course is usually divided into three parts : 5 min. warm up/stretching, 25 min. muscle exercises and 5 minutes of cooling down.

Appui et mise à jour / Support sessions :

Support and update to finalize the work of the week (to lighten the weekend homework) and/or additional explanations in French-Mathematics as needed.

Arlecchino :

NEW

Do you like to do theater ? Do you like the Italian language ? So join us in this theater workshop in Italian to follow the footsteps of the *commedia dell'arte*.

Atelier cirque / Circus Workshop :

Workshop of production, expression and creation of techniques. Included are : the combining of acrobatic arts, the balance and the movement of objects and accumulation of all activities for an expressive project created collectively by the group.

Atelier confiance en soi et empathie / Self-confidence and empathy :

Playful approach to the positive expression of emotions through relaxation and attention exercises, readings, exchanges and games.

Atelier Montessori / Montessori Workshop :

Montessori approach material through the 4 venues (practical, sensory, mathematical and French life), for students already enrolled or interested.

Atelier Reggio Emilia / Reggio Emilia Workshop :

Loris Malaguzzi said : “Children are competent at knowing and researchers into meanings.”

Come and help create our own atelier for young children’s imagination, expression and experimentation that actively strives to encourage dynamic learning processes through the arts.

Athlétisme / Athletics :

Discover and practice four essential disciplines : jumps, races, throws and endurance activities.

Auto-défense / Self-defense :

These courses are designed to teach simple, fast and effective techniques to defend against verbal or physical aggression. With a goal of prevention, participants will develop tools to learn to avoid risky situations or to defend themselves, as a last resort.

Badminton :

Begginer to advanced groups :

1. Development of specific coordination, lateralization.
2. Learning the rules of the game.
3. Learning the fundamentals : forehand, backhand, blow-off, smash.
4. Space utilization : personal (placement-displacement-replacement) and adversary (use depth first, the associate width
5. Matches, tournaments, rankings

Basketball :

Learning and advancing of the basics : pass, dribble, shot to basket. Attack and defense strategies, displaying and enhancing the team spirit.

Bead Craft :

The children make diverse creation activities in English, following the seasons and the holidays. The materials vary with the activities with a large amount of methods. Fun for all !

Bibliothèque / Library :

This activity begins with a detailed tour of the library with explanation on how it works. Students learn to differentiate between the types of the documents and locate them throughout the collection. Various themes are discussed : search for documents, strategy to find information or how to choose among titles. Free time is left to flip through books and savor the pleasure of reading.

Chœur / Choir :

Playful approach of music and singing adapted to the youngest. The basics of all learning of the song are approached in a simple way. A dance routine is proposed in accompaniment and liaison with the songs learned, with one or two voices (canon).

Computer games in English :

Games promoting learning and use of English as well as computer skills. Students can choose English games on the sites provided and supervised by the teacher.

Course à pied / Running :

Workshop in which the child will learn some specific techniques of the endurance race.

Création de BD / Comic Book Creation :

For this activity, the kids are learning how to create a comic book. Tasks included : to perfect the pencil line, to put forward the narration by giving the opportunity to create own stories and correctly arrange the bubbles with boxes. "Coordination" and "fun" are the key words of this creative and recreational workshop, which stimulates children's imagination.

Danse classique / Classic Dance :

Depending on the age of the children, the teacher suggests body language associated with the development of musical listening. The year begins with an individual practice of dance, then with two, three or four exercises, with the gradual integration of classical movements. For the older ones, this is a more in-depth practice of ballet dancing with warm-up at the bar and exercises facing the mirror. The movements learned are more elaborate. Learning and presentation takes place at the end of the year as a group choreography act.

Danse jazz / Jazz Dance :

Activity allowing pupils of the 2nd, 3rd and 4th grade classes to imagine and create a more personal sequence of dance steps on current music. Creation of 2 to 4 different choreographies during the year.

De fil en aiguille / Knit and Fit :

Learning some basic techniques for embroidery, knitting, crochet and sewing and any other possibility offered by fabrics and various threads by making mini creations.

Dessin géométrique / Geometric Design :

Introduce a new way to draw, allowing students to use tools such as drawing board, compass, square and get comfortable with them. Children learn to be precise and careful in their creations.

Espagnol poco a poco / Spanish poco a poco :

Learn and use Spanish in a fun way through games, pictures, music and songs.

Etude dirigée / Supervised Study :

Assist students in their homework. Teachers monitor, control and correct the work done in Primary classes.

Etude du matin / Supervised Study : (08h00-08h45)

Assist smaller children in their homework. Teachers help with the assignments.

Expériences scientifiques / Scientific Experiments :

Explain the world through various practical experiences and scientific phenomena such as : electricity, air, water, optical illusions and many more.

Expression corporelle / Body Language :

Body expression is a way of demonstrating various emotions in many situations : real or imaginary. Activities proposed will help the children to play games and mime while associating specific gestures to the musical comprehension. These activities develop the rhythm, coordination and the expression of the body, as well as the cooperation and the respect for others.

Expression libre / Supervised Playtime :

Support and supervision of children most often outdoors, for a recreational period of free play and relaxation – free choice of activities.

Expression théâtrale / Theater :

Beginning with improvisations and basic theatrical games in order to discover playfulness of the art of theater. Gradually through the creation of a show, the student will explore and develop the voice, gesture, imagination and sense of the group dynamics. Group preparation of the end of the year show.

Fimo c'est fun / Fun with Fimo :

Mini creations out of Fimo paste to improve the fine motor skills, concentration and creativity of the children, while having plenty of fun. Samples of mini creations : decoration objects, small animals and personalized everyday objects.

Football / Uni-hockey :

Work out the personal technique : driving the ball, passing, blocking, dribbling and more. Tactical work with building scenarios of attack and defense. Displaying and enhancing the team spirit.

Français pour débutants / French for beginners :

Designed to help children to become familiar with the French language and culture in a playful way in individual, collective and oral exercises.

Fun with Food :

Enjoy being creative with food as we explore food in different forms ; Crafts, recipes, and food art.

Garderies / Daycare :

Management and supervision in the early morning and late afternoon. Provision of games, computers, drawing sheets and various materials. No rendering required.

Gymnastique rythmique et sportive / Rhythmic Gymnastic :

Activity combining dance and hand tools such as rope, ball, hoop, club or ribbon. Sessions aim to develop the sense of rhythm, coordination of movements and imagination with various routines.

Hip-Hop :

Initiation to dance on current hip-hop music. A short warm-up begins the class with various movements that will then be used to create a choreography.

Informatique :

Familiarize young children with the management and use of adapted programs, for various creations, such as: document composition, digital data processing, work on images in 2 and 3 dimensions, multimedia...

FUTUREKIDS – Create your video game 3D Unity :

Acquire the basics necessary to create a 3D video game using one of the best 3D engines used for video game publishing. Emphasis is placed on the creation of levels, traps, characters, from the basic shapes of the software, as well as on the use of the physics engine (gravity, bounces/collisions, friction, joints) and the realization of small scripts (programming).

Informatique – FUTUREKIDS Mini-makers :

In groups of two, with the help of their tablet and toolbox, students will tackle all sorts of useful notions mixing digital and tangible creations. Some real projects: building motorized mechanisms to draw, making stop motion films on the tablet, discovering programming with tablet applications and disconnected activities without screens.

Informatique - FUTUREKIDS Roblox Studio :

Students will use the Roblox Studio game engine to learn the fundamentals of video game creation. They will build their levels, create their characters, add animations, checkpoints... As the year goes on, more advanced notions will be covered. Once finished, the games can be published on the Roblox website to share them with the community.

Informatique - FUTUREKIDS Programmation créative :

Students will discover computer programming through the creation of animations and video games. They will start with the basics of code: sequence design, loops, and then deepen their knowledge during the year to master advanced notions such as variables, conditional loops and functions.

Informatique - FUTUREKIDS Strategios & Echecs :

Students will discover the exciting world of strategy games through an innovative and fun way to learn strategy and cooperation. Half of the year will be dedicated to learning the best techniques to win at puzzle games like Power 4, Moulin, Pylos, Rush Hour. The remaining time will be devoted to chess.

Informatique – FUTUREKIDS Mes premiers Robots :

Students will discover the world of robotics in this activity that mixes mechanical construction and computer programming. They will learn more about how sensors/motors work, how to use them and program them, as well as construction and mechanisms. In this activity, students will develop robotics skills, mixing mechanical construction and programming, around various themes.

Initiation musicale / Music :

Musical initiation encourages the development of musical awakening and sense of rhythm through following the sensory development of the child and their active participation.

Jeux / Games :

Focus on teaching children to play different group games, such as : handkerchief, monopoly, mastermind, ladder, twister and to respect the rules, while winning or losing.

Jeux en Allemand / Games in German :

Learn German in a fun way with games, drawings, simple exercises, songs and crafts. The activity is intended to enrich the vocabulary, improve pronunciation and understanding in German, while having plenty of fun.

Jeux psychomoteurs et rythmiques / Psychomotor and Rhythmic Games :

Teaching a set of games with or without equipment allowing the child to refine their movements, manage the body in space and collaborate with one or more partners.

Judo :

Learning the spirit of judo : greeting, respect for the partner, the tatami, the falls, the guard, the displacements. The goal is to be perfectly comfortable with rolls and falls on the ground at the end of the 4th year to master proper practice.

Les petits pâtisseries / Little pastry chefs :

From PS to GS, your children will conquer the pastry shop. Various recipes will be sent to them to introduce them to gourmet flavors. A recipe book will also be produced. Please provide an apron for each child.

Lingua italiana e cultura / Italian Language & culture :

Italian language courses which offer, for primary school children, various supports through an oral and written approach. Discovery of Italian culture.

Maths Fun in English :

In this activity we will play Maths games, learn Maths songs, solve puzzles and examine how we can even use Maths as an art activity.

Painting in English :

This will be a recreative painting workshop that aims to exploit different painting techniques, also using various supports. The activity will be run in English.

Pâtisserie rapide et facile / Pastry :

Fast and easy pastry ! Children make simple, fast preparations with or without cooking. They will be bringing home all the delicious creations.

Warning : this activity is not recommended for children with food allergies.

Sciences & discovery :

The aim of this course is to learn basic science concepts through fun practical activities. Children are introduced to the idea of making a fair test, following instructions and recording their results. Activities cover a range of topics such as:

- Sinking and floating
- Forces – magnets, friction
- Investigating colour
- Investigating materials
- Discovering nature

This is a practical course where children have lots of opportunity to test their ideas and have lots of fun.

Sedia Sediola : Scuola italiana :

NEW

Italian language course, for Kindergarten children, through an essentially spoken approach.

Singing classes in English :

Build up your child will : safely develop his voice (enunciation, volume control, pitch and range) through playful vocal exercises, learn new songs of various genres in English, French and other languages and put on a show with his group to showcase the skills they learned.

Sport récréatif / Recreational Sports :

Workshop based on the games, discovery and the deepening of various sports and gymnastic techniques. Excellent addition to standard gym class lessons.

Stories & games :

The story becomes the support for a multitude of activities as through following and listening to a story in English, children animate and continue with an activity related to the text such as : small crafts, games, drawings, songs.

Technology as a learning tool :

NEW

When children create, they learn. Come and explore a variety of digital media. In our *Makerspace* you can tinker and invent !

Yoga :

Discover yoga poses in a benevolent and playful atmosphere. Explore the body, develop flexibility and improve focus and self-confidence for overall wellbeing.

Young Engineers :

NEW

Discover the principles of science, technology, mathematics and engineering by building models with LEGO® pieces. Each lesson begins by learning a new scientific principle. After the principle is understood, we have fun building a model and bring the science to life.